



Life Stage Transitions Project

A pilot program of Ontario March of Dimes and Easter Seals Ontario



Moving from adolescent to adult services can be a difficult and stressful process.

If you are a youth or young adult with a physical disability, we can help!

Our **Service Navigator** can help you locate services that meet your changing needs. And we can link you up with a **Peer Advisor** to share their personal experiences and develop strategies for some of the challenges you may face.

We currently specialize in the following areas:

- Employment
- Education
- Social
- Recreation
- Independent Living



For more information contact:
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