



# 2004 - 2005 Annual Report

REHABILITATION FOUNDATION FOR DISABLED PERSONS, CANADA

We're branching out *nationally*



STROKE  
RECOVERY CANADA  
RÉTABLISSEMENT  
DES ACV CANADA

The highlight of 2004/2005 for Stroke Recovery Canada (SRC) was the official launch in June 2004. The inaugural meeting of Stroke Recovery Canada was held at the University of British Columbia in Vancouver and was attended by stroke survivors, their families and caregivers. Delegates from across the country, representing both stroke recovery support groups and allied health care professionals, participated and celebrated. Connecting stroke survivors nationwide furthers the sharing of information and resources among stroke recovery groups and health professionals and also promotes the development of best practices in support, services and community re-integration.

Leadership Training was held for SRC chapters and groups to share success stories, provide training on leadership challenges, strategic planning and succession planning.

As the Canadian Stroke Strategy begins to unfold across the country, SRC has taken a role to ensure that the voices of stroke survivors and their caregivers are heard. Although the pace of coordinated stroke systems vary throughout the provinces, one message is consistent, the need and importance of re-engaging stroke survivors back into their communities. Staff of SRC are consistently networking with Stroke Coordinators across the country to ensure that the peer support model is clearly understood and that survivors' perspectives are considered when policy is developed. Staff, stroke survivors and volunteers sit on working committees and task forces as contributors to the continuum of stroke recovery.

Stroke Recovery Canada saw the need for a community resource database for stroke survivors and caregivers. With 300,000 survivors in Canada, there is always a need for timely and accurate information and resources. The initiative began in late 2004 and the directory is now in a growth phase. The Warmline was established – a peer support toll free line that offers information and support to stroke survivors, family members, and caregivers.

Throughout 2004/2005, Stroke Recovery Canada continued to submit proposals and follow up on prospects throughout the year. We are pleased to report that Allergan Pharmaceutical partnered with SRC to feature four articles in a Patient Guide, distributed through family practitioners. Green Shield Canada and Ontario Trillium Foundation provided funding in 2004/2005 and allowed SRC to provide some of the resources and expertise needed to build the national stroke recovery program.

Stroke Recovery Canada has seen a 10% growth in new chapters and groups in 2004/2005, while the registry growth has remained steady at 15% in the fiscal year.



**P**olio Canada focused much attention on events and activities that raised awareness of post-polio syndrome and highlighted Canada's involvement in the polio story. We began discussions with sanofi pasteur regarding a traveling historical display that honours the contribution of Canadians in the development of the polio vaccine. This display was launched in Toronto earlier this year and will be traveling to various locations in Canada, including the Canadian Medical Association meeting in Edmonton in August of this year.

The Smithsonian Institute approached OMOD for archival photos and some of these are now being displayed.

The planning of the International Association for Biologicals (IABs) conference on the polio vaccine began in the fall of 2004 and Polio Canada staff were actively involved from the initial brainstorming to the final delivery of this key event.

Polio Canada staff were recognized for their expertise and resources in supporting individuals through a peer support model. Individuals dealing with chronic pain and fatigue and Fibromyalgia approached staff to facilitate training and strategic planning sessions in order to assist them set up their own peer support groups. Sharing expertise and partnering with the community remains a priority for the program.

Regular teleconference calls with the Post-Polio Chapters were held and often used to brainstorm new initiatives and to involve members in planning upcoming events. With the 50<sup>th</sup> anniversary of the Salk Vaccine in 2005, discussions began in 2004 to engage the members and support them in local activities.

Polio Awareness month in March 2005 resulted in localized activities throughout the country. Information packages and fact sheets were distributed during this time, as a result of the press releases issued during the preceding weeks.

There was no chapter growth during 2004/2005. Activities were focused on maintaining the existing chapters, expanding membership, and providing additional support and resources to groups as needed.

Respectfully submitted,

**David Meynell**  
Chair

**Andria Spindel**  
President and C.E.O.



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## Financial Report

(A complete Auditor's Report is available upon request)

### REHABILITATION FOUNDATION FOR DISABLED PERSONS, CANADA

#### Summarized Statement of Revenue, Expenses and Changes in Fund Balances

March 31, 2005, with comparative figures for 2004

	Polio Canada®	Stroke Recovery Canada®	Total 2005	Polio Canada®	Stroke Recovery Canada®	Total 2004
Revenue	\$36,360	\$200,534	<b>\$236,894</b>	\$143,137	\$130,000	<b>\$273,137</b>
Expenses	67,122	164,619	<b>\$231,741</b>	220,726	8,792	<b>\$229,518</b>
Excess of revenue over expenses	(30,762)	35,915	<b>5,153</b>	(77,589)	121,208	<b>43,619</b>
Unexpended funds	<b>0</b>	0				<b>(121,208)</b>
Excess of revenue over expenses	(30,762)	35,915	<b>5,153</b>	(77,589)	121,208	<b>(77,589)</b>

### Board of Directors

**David Meynell**, *Chair*

**Mike Goodman**, *Past Chair*

**David Boyle**, *1<sup>st</sup> Vice Chair*

**Suzanne Clancy**, *2<sup>nd</sup> Vice Chair*

**Kim Shannon**, *Secretary / Treasurer*

**Elizabeth Lounsbury**, *Director at Large*

Charitable Registration No. (BN) 87958 5214 RR0001



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SRC inaugural meeting in Vancouver, June 2004.



**Left to Right:**  
Kim Dowds, Andria Spindel, Mark Lievonen and Dr. Luis Barreto celebrate the 50 h anniversary of the Salk Vaccine at the Connaught Campus of sanofi pasteur.



**Polio honourees and award recipients at the sanofi pasteur dinner reception during the IABs Conference held in June 2005**

**Back Row (L to R):**  
Dr. Carol Richards, Mayor Mike Feldman, Hon. Monte Kwinter, Dr. Stanley Plotkin, Frank Shimada, Dr. Paul Austin, Dr. John Furesz, Dr. Hilary Koprowski, Hon. Carolyn Bennett and Dr. David Boyle

**Front Row (L to R):**  
Andria Spindel, Dr. Luis Barreto, Mark Lievonen, Dr. Bruce Aylward and David Onley