Sponsors and Exhibitors

Linking Survivors with Survivors
Guelph Wellington Stroke Recovery Canada Chapter
Kitchener-Waterloo Stroke Recovery Canada Chapter
Cambridge and District Stroke Recovery Association
YMCA’s of Cambridge and Kitchener Waterloo
University of Waterloo - Cognitive Neuroscience
Accessibility Matters Radio
Stone Lodge Retirement Home
Max International
Sentio Clinic - Massage Therapy
Retire At Home
Rogers TV
CTV News
Venture Guelph
Heart and Stroke Foundation
Halton Hills Aphasia Centre
Cambridge Cardiac Care
Cambridge Cardiac Rehab

Journey of Hope - Life After Stroke
Stroke Recovery Awareness Symposium

Saturday, May 11th, 2013
9:30 am - 3:30 pm
Delta Guelph Hotel and Conference Centre
50 Stone Rd W, Guelph, ON N1G 0A9

Who should attend
Survivors of Stroke  Caregivers
Family Members  Community Members
Health Care Professionals

Guest Speakers, Exhibitions,
Interactive Workshops, Demonstrations
*Faces of Stroke Exhibitions * Motivational and Healthy Living Adaptations
*Stroke Programs and Service * Educational and Clinical Resources
*Display Booths and Much More

Free Admission
Complimentary Lunch, Refreshments and Transportation
Transportation available within Waterloo-Wellington Area - must be pre-booked by May 2nd, 2013

For information contact Teresa Pyke 1-866-380-0758 ex. 230
or tpyke@marchofdimes.ca
Sponsorship Opportunities available

Sponsored by Linking Survivors with Survivors
Stroke is the third most common cause of death in the Waterloo Wellington Local Health Integration Network (WWLHIN) area impacting nearly 900 individuals annually. The WWLHIN with local health and community service providers are committed to improving access to quality stroke care in Waterloo Wellington region by improving outcomes for stroke patients through integrated programs.

Linking Survivors with Survivors (LSWS) is a volunteer driven project connecting new stroke survivors with individuals who have already made successful recoveries from stroke. As a peer support program of March of Dimes Canada, it provides hope and encouragement to stroke survivors and their families in the hospital and in the community. The program provides post-stroke peer support for survivors and caregivers by helping everyone adjust and cope with the devastating reality of a stroke. The program is designed to help individuals and families as they transition from the safe hospital setting to the reality of being home. Through hospital visits, community involvement and peer support groups, new stroke survivors benefit from mentorship and gain a better understanding about their own path of stroke recovery.

By connecting volunteers with survivors and their families, it provides someone they can call with questions or concerns, as they try and adjust to their new life; someone who can share their knowledge of the recovery process from stroke to help with those who continue to struggle.

Linking Survivors with Survivors is managed by Stroke Recovery Canada a program of March of Dimes Canada, with participation by the following Chapters/Associations: Kitchener Waterloo, North Wellington, Guelph Wellington, and Cambridge, in partnership with Grand River Hospital Stroke Centre and South Regional Stroke Network. It is funded through the Waterloo-Wellington Local Health Integration Network.

For further information please contact; 1-866-380-0758 ext 263 or by email at linkingsurvivors@marchofdimes.ca

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**Agenda**

- **9:30 am**  Registration  
  Faces Of Stroke Exhibition  
  Interactive Demonstrations
- **10:00 am**  Opening Remarks - Keith Rashid
- **10:15 am**  Welcome Address - Howard Engel
- **10:45 am**  Concurrent Workshops:  
  a. Neuoroplasticity - Dr. Bill McIlroy  
  b. Aphasia Awareness - Tracie Linblad  
  c. Connecting Caregivers with Caregivers - Carolyn Cattran, Carol Miller-Hall, Joan Bowland, Al Raftis
- **11:30 am**  Break  
  Faces of Stroke Exhibition  
  Interactive Demonstrations
- **11:45 am**  Improving Access to Quality Stroke Care in Waterloo Wellington- Tammy Tebbutt, Director District Stroke Program
- **12:30 pm**  Lunch  
  Faces of Stroke Exhibition  
  Interactive Demonstrations
- **1:00 pm**  Keynote Address - Walter Gretzky
- **1:45 pm**  Concurrent Workshops  
  a. Mental Wellness  
  b. Physical Wellness  
  c. Assistive Devices and Technology
- **2:30 pm**  Break  
  Faces of Stroke  
  Interactive Demonstrations
- **2:45 pm**  Motivation Speaker - Paul Rosen
- **3:15 pm**  Motivation Speaker - Forrest Willett  
  Closing Remarks and Evaluations

* Subject to change