

Resources and Links

Online Resources for polio survivors

Canadian Links

- March of Dimes Canada – www.marchofdimes.ca/poliocanada
- Polio Quebec – www.polioquebec.org
- Post Polio Network (Manitoba) – www.postpolionetwork.ca
- Saskatchewan Awareness of Post Polio Society – www.poliosask.org
- Post Polio Awareness & Support Society BC – www.ppassbc.com
- Polio Alberta - <http://www.polioalberta.ca/>
- Polio Nova Scotia - <http://www.easterseals.ns.ca/programs-and-services/family-and-community-support/polio-nova-scotia/>



International Links

- Post Polio Health International – www.post-polio.org
- Poliotoday (Salk Institute) – www.poliotoday.org
- Polio Place – www.polioplace.org
- European Polio Union – www.europeanpolio.eu
- Polio Network Victoria (Australia) – www.polionetworkvic.asn.au
- British Polio Fellowship – www.britishpolio.org.uk
- Lincolnshire Post-Polio Network – <http://www.ott.zynet.co.uk/polio/lincolnshire/>
- International Rehabilitation Center (Spaulding Rehab) - <http://www.spauldingrehab.org/ourlocations/framingham/ircp>
- Global Polio Eradication Initiative – www.polioeradication.org
- End Polio Now – Rotary International – www.rotary.org/endpolio
- Post Polio Syndrome Central – www.skally.net/ppsc/

JOIN Post-Polio Canada today!

- ✓ Get connected to local survivor and caregiver **Peer Support groups**
- ✓ Call the **Warmline**® and connect with a polio survivor or caregiver
- ✓ Receive *PoliO'Canada* national **newsletter FREE**
- ✓ Link to people, educational information and **resource services**

Post-Polio Canada Topics

Post-Polio Canada® has a continually growing library of resources. Please contact us for more information about any of the following issues that can affect polio survivors and their families or check out our website www.marchofdimes.ca/polio . If you would like a copy of articles references to forward to your health professional, please contact us.

- | | |
|---|---|
| <input type="checkbox"/> Accessibility | <input type="checkbox"/> Peer Support |
| <input type="checkbox"/> Alternative Medicine and Therapies | <input type="checkbox"/> Physical Activity |
| <input type="checkbox"/> Assistive Devices | <input type="checkbox"/> Recreation and Adapted Hobbies |
| <input type="checkbox"/> Caregiver Needs | <input type="checkbox"/> Self-Management and Care |
| <input type="checkbox"/> Falls and Safety | <input type="checkbox"/> Sexuality and Relationships |
| <input type="checkbox"/> Nutrition | <input type="checkbox"/> Stress Management |
| <input type="checkbox"/> A Guide to Online Health Information | <input type="checkbox"/> Others? _____ |

Feedback - What do you think?

Post-Polio Canada would like to know what you think of this information package. Please send us your feedback.

- PLEASE CIRCLE
 - Did you find this information package...?

▪ Useful	YES	NO
▪ Easy to read	YES	NO
▪ Presented clearly	YES	NO
▪ Right amount of content	YES	NO
- What further information are you looking for? _____
- Are you a: Polio survivor Caregiver Other: _____
- Other comments: _____
