Resources and Links

Online Resources for polio survivors

Canadian Links

- March of Dimes Canada – www.marchofdimes.ca/poliocanada
- Polio Quebec – www.polioquebec.org
- Post Polio Network (Manitoba) – www.postpolionetwork.ca
- Saskatchewan Awareness of Post Polio Society – www.poliosask.org
- Post Polio Awareness & Support Society BC – www.ppassbc.com
- Polio Alberta - http://www.polioalberta.ca/

International Links

- Post Polio Health International – www.post-polio.org
- Poliotoday (Salk Institute) – www.poliotoday.org
- Polio Place – www.polioplace.org
- European Polio Union – www.europeanpolio.eu
- Polio Network Victoria (Australia) – www.polionetworkvic.asn.au
- British Polio Fellowship – wwwbritishpolio.org.uk
- Lincolnshire Post-Polio Network – http://www.ott.zynet.co.uk/polio/lincolnshire/
- International Rehabilitation Center (Spaulding Rehab) - http://www.spauldingrehab.org/ourlocations/framingham/ircp
- Global Polio Eradication Initiative – www.polioeradication.org
- Post Polio Syndrome Central – www.skally.net/ppsc/

JOIN Post-Polio Canada today!

✓ Get connected to local survivor and caregiver Peer Support groups
✓ Call the Warmline® and connect with a polio survivor or caregiver
✓ Receive Polio’Canada national newsletter FREE
✓ Link to people, educational information and resource services
Post-Polio Canada Topics

Post-Polio Canada® has a continually growing library of resources. Please contact us for more information about any of the following issues that can affect polio survivors and their families or check out our website www.marchofdimes.ca/polio. If you would like a copy of articles references to forward to your health professional, please contact us.

- Accessibility
- Alternative Medicine and Therapies
- Assistive Devices
- Caregiver Needs
- Falls and Safety
- Nutrition
- A Guide to Online Health Information
- Peer Support
- Physical Activity
- Recreation and Adapted Hobbies
- Self-Management and Care
- Sexuality and Relationships
- Stress Management
- Others? ________________

Feedback - What do you think?

Post-Polio Canada would like to know what you think of this information package. Please send us your feedback.

■ PLEASE CIRCLE
  ○ Did you find this information package…?
    ▪ Useful YES NO
    ▪ Easy to read YES NO
    ▪ Presented clearly YES NO
    ▪ Right amount of content YES NO

■ What further information are you looking for?__________________________

■ Are you a: □ Polio survivor □ Caregiver □ Other:_________________

■ Other comments: ________________________________________________
  ___________________________________________________________________