# Remarkable Together

Non-Profit Housing Corporation 2020/21 Annual Report



NON-PROFIT HOUSING CORPORATION LA SOCIÉTÉ D'HABITATION À BUT NON LUCRATIF







### March of Dimes Canada Non-Profit Housing Corporation Board of Directors 2020 - 2021

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## **Remarkable Together**

Our Non-Profit Housing Corporation (NPHC) locations are homes where people live and thrive. Since 1992, NPHC has been welcoming and supporting residents with significant care needs so they can stay in their communities.

This includes help with activities of daily living like eating, dressing, bathing and toileting as well as more complex support – it all depends on each person's needs and goals.

Today we operate five locations across Ontario where staff and residents share their lives. This year, they pulled together in remarkable ways to help each other meet the significant challenges of a pandemic.

Many of the people who live in these settings are vulnerable to a respiratory virus like COVID-19, so we moved quickly to put protocols in place that would protect them and the staff that support them. These included following all public health guidance, implementing daily screenings and full personal protective equipment for staff, and requiring masks (for residents who were able to wear them) in common areas.

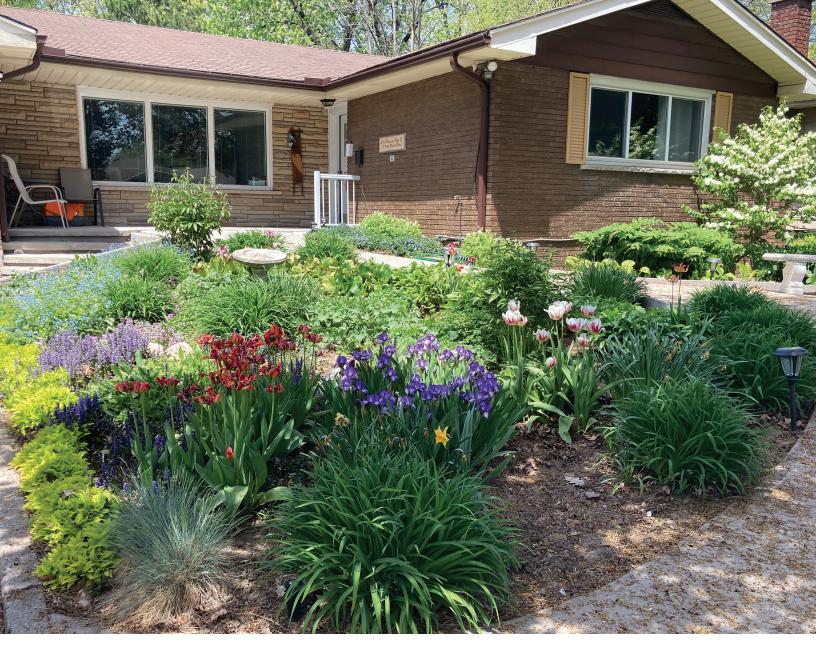
Under normal circumstances, family and friends are welcome at our NPHC homes. They're an important part of the celebrations, activities and events that make up daily life there. Unfortunately, the pandemic made that impossible as well. We were forced to strictly limit visitors for everyone's safety, a difficult but necessary step that cut residents off from loved ones for an unknown length of time.

There were none of the usual outings or activities at any of our locations, either – it simply wasn't possible. But our creative, dedicated staff did find some safe ways to keep residents engaged and connected to the world around them when they couldn't leave their homes.

In Oakville, Jean and Howard Caine Apartments managed to hold a few festive dinners with public health protocols in place. And Jason's House in Hamilton arranged virtual programming for residents – yoga classes, Bingo, sensory workshops with Mohawk College. They also used Zoom to connect with family and friends, and community groups for some musical entertainment.

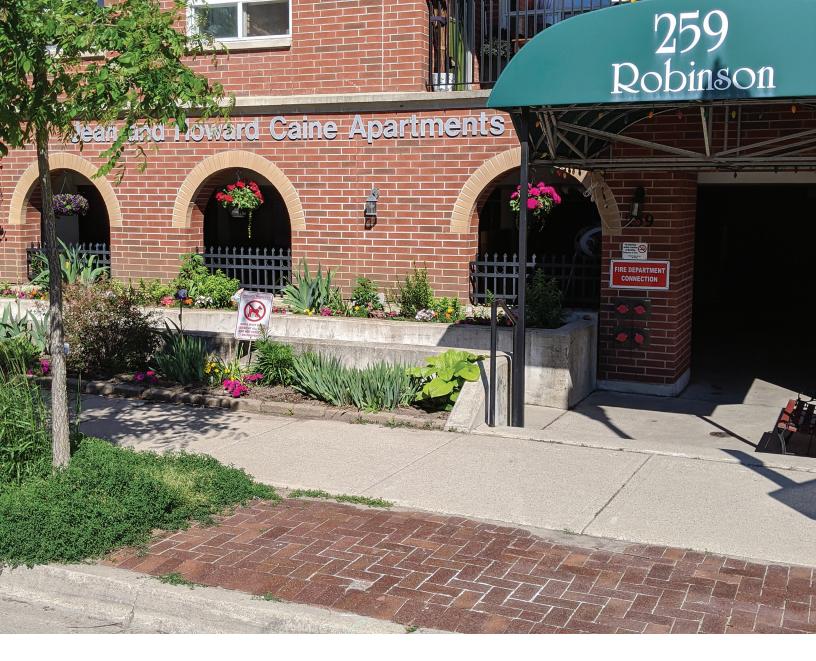
It was a difficult year, but our NPHC staff and residents demonstrated remarkable strength and resilience. At a time when none of the typical social supports or connections were available, they adapted and grew together. COVID-19 was a huge, looming presence over their lives. They were scared and worried and isolated.They also made it through as a team, and that's worth celebrating.

We all hope to never endure another year like this one, but it showed us what we're capable of together.



## **Jason's House**

- Built: 1991
- Address: 66 West 28th Street, Hamilton ON
- **Type:** Single-family home adapted for residents
- Capacity: 4 people
- Staff: 14



## **Jean and Howard Caine Apartments**

### • Built: 1995

- Address: 259 Robinson Street, Oakville, ON
- Type: 5-storey building
- Capacity: 59 apartments
- Staff: 11



## **Standing Oaks**

- Built: 2003
- Address: 1212 Michigan Avenue, Sarnia, ON
- Type: Multi-resident home
- **Capacity:** 9 people (private bedrooms with one respite room and common living spaces)
- **Staff:** 18

## Meet Matt Campbell

Matt Campbell is the youngest of five siblings and uncle to three kids. He also lives with cerebral palsy, visual impairment, and a spinal injury.

"He's non-verbal, eats through a g-tube," his mother Ingrid adds. "And he's a bright fellow who lights up the room with his smile."

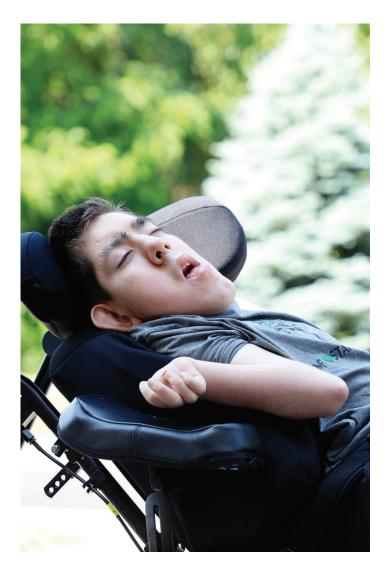
Ingrid and her husband Bruce – who live in Cambridge - thought that Standing Oaks in Sarnia was the best possible place for their son. After several respite sessions there, Matt agreed.

"It's a great place, with terrific staff," she says. "He loved it!"

So the whole family was thrilled for Matt when he moved in on March 3, 2020. "He was delighted to have his own place, but we felt a bit lost and alone," Ingrid admits.

Then COVID-19 hit. Contact with Matt was strictly limited. Bruce and Ingrid would drive to Sarnia for "short and shivering window visits during a harsh winter." When restrictions eased, they made overnight trips for slightly longer visits. When restrictions were reinstated, they went back to talking through a window or online. Ingrid describes it as "having Matt amputated from our lives."

"Matt only saw his sister once, and none of his other siblings or friends. And we weren't able to do much for him in terms of his medical or clinical needs. But there's a doctor who goes to Standing Oaks and, thanks to the diligence of the staff, Matt remained very healthy."



They managed a few haircuts once the weather got warmer and they could sit on the patio. "There was hair flying everywhere - the birds loved all the nesting material!"

Bruce and Ingrid wanted to move to Sarnia so they could be close to Matt. The pandemic has delayed those plans, which means time with their son is still limited. Fortunately, they were able to get vaccinated at Standing Oaks, along with Matt.

"It was an enormous relief and, as a bonus, we got another visit."



## **Wade Hampton House**

### • Built: 2011

- Address: 2915 Bancroft Drive, Sudbury ON
- Type: Multi-resident home
- **Capacity:** 11 people (9 private bedrooms, two apartments and common living spaces)
- Staff: 23

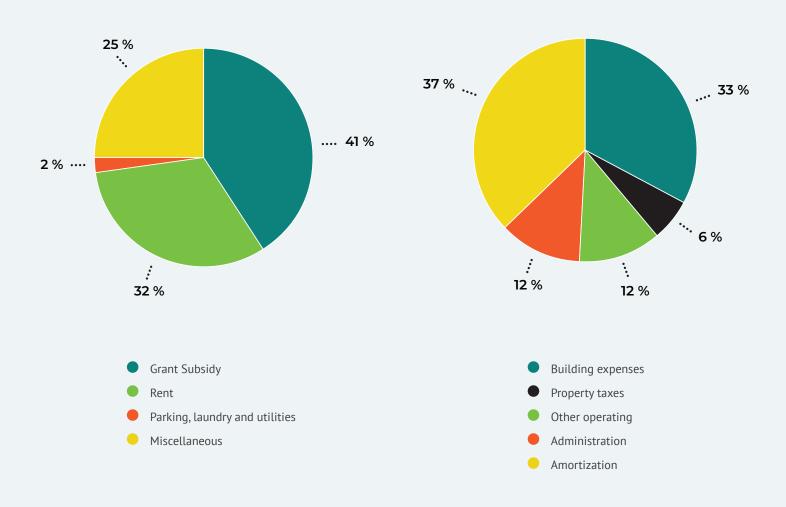


## **Bishop Alexander Carter House**

- Built: 2019
- Address: 2915 Bancroft Drive, Sudbury, ON
- Type: Multi-resident home
- **Staff:** 31

## **Our Financial Performance**

March of Dimes Canada Non-Profit Housing Corporation ended the year in a break-even position. NPHC had a small increase in Grant Subsidies and Rents. However, overall revenues and expenditures declined compared to the previous year due to lower spendings of designated grants for upcoming projects. These changes had no impact on bottom-line results. In keeping with our commitment to stewarding granted and donated funds responsibly and efficiently, 90% of our total operating expenses went toward building and operations and 10% to administration. Our financial reserves are \$0.7M, supporting the future growth and sustainability of our work.



## 2020/21 Operating Revenues

## 2020/21 Operating Expenses

Please see our full audited financial statements at marchofdimes.ca/financials

## Thank You to our Donors

We rely on the generosity of funders, donors and volunteers to make sure our supportive housing ites are safe, inviting places to live.

While this year presented unique challenges, our community partners stepped up to

support us when we needed it most.

Thank you to everyone who generously supported our Non-Profit Housing Corporation in 2020-21. Your kindness helps us change lives.

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- Oakville, Milton and District Real Estate Board
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